



Retreat-Seminar

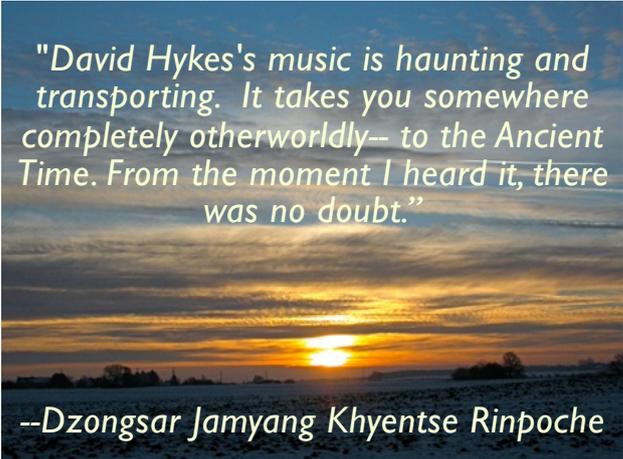
HARMONIC PRESENCE:
MUSIC OF THE SPHERES OF BEING
with DAVID HYKES

Palazzo Donati, Mercatello, Italy
September 3-8, 2022

Palazzo Donati
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The Harmonic Presence teachings and practices shared by composer-singer and contemplative mentor David Hykes include his "music of the spheres of being," Harmonic Chant, as well as contemplative, meditative and healing practices to serve listening awareness, attunement, and the cultivation of compassionate accompaniment in all spheres of life. Through these retreats and "harmonic meetings," David shares

over 40 years of creative work, contemplative studies and spiritual music-making. As a long-time student of wisdom traditions, especially Tibetan Buddhism, he has offered music and programs in events with His Holiness the Dalai Lama and other eminent spiritual teachers, the Mind and Life Institute, and in sacred, traditional and contemporary music and arts festivals around



"David Hykes's music is haunting and transporting. It takes you somewhere completely otherworldly-- to the Ancient Time. From the moment I heard it, there was no doubt."

--Dzongsar Jamyang Khyentse Rinpoche



"David Hykes has opened a new dimension in music... truly the music of the spheres. . "

*--Lord Yehudi Menuhin
violinist, conductor, and humanist*



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As a solo artist, conference presenter and teacher, and with his groups, he shares the music and its contemplative background in musical, spiritual, cultural and interfaith centers as well as festival the world over. David has lead Harmonic Presence retreats and seminars internationally since 1980. He is the founder and contemplative mentor-in-residence at Pommereau, a retreat and seminar center southwest of Paris. His work relating music, meditation, mind, and healing has led to collaborations with the neuroscientists and contemplative practitioners of the Dalai Lama's Mind and Life Institute and awards from the National Endowment for the Arts, UNESCO, the Edwards Art Fund, the Rockefeller Foundation and other organizations, for his work developing Harmonic Chant as a global sacred music for our time.

He has composed music for many films with themes of sacred and magic realms, including "Travellers and Magicians" by Dzongsar Jamyang Khyentse Rinpoche, "Meetings with Remarkable Men," by Peter Brook, "The Tree of Life" and "The Voyage of Time" by Terrence Malick, and many others. His 12 albums include "Hearing Solar Winds," one of the most popular vocal overtone albums of all time, with over 300,000 copies sold. His most recent release is "Harmonic Mantra."

The harmonic echoes of the Big Bang resound everywhere to this very day; cosmology calls them the cosmic microwave background radiation, or CMB. They are in exactly the same

harmonic proportions as those of musical sound. As is said in the alchemical tradition, "As above, so below...."

The harmonics of being, the inner harmonics, the vibratory qualities of our deeper nature, are "of another matter altogether." We can make the leap to the vision of qualitative harmonic presence, which includes quite another range, another scale of vibrations. What is their source? The harmonics of being, of presence, from where do they arise? And indeed, all these octaves, the entire scale of being, all this music of the spheres of cyclic existence, of thought, feeling, sensation-- from whence do they arise? How to recognize a primordial awareness or vibration, from where perhaps all these wave-like movements arise? It has all come to life... so, how to attune to, how to hear, how to best accompany these waves and cycles, the rise and fall, through all the octaves of life?

In a way, Harmonic Chant is a music of the spheres of listening, right here on Earth, a music playing everywhere since the "beginningless beginning." Harmonic Chant is based on the essence nature of vibration and listening, of awareness and space. Every musical sound we hear make sing or chant is in essence the blend of pure primordial harmonics, ringing in our listening like possible bells of awakening. Harmonic Chant gives life and creative expression here on Earth to this music, accessible to all and sometimes beautiful beyond words and ordinary thoughts. The Harmonic Presence work ex-



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plores relationships between sacred sound, contemplative practice, and the medicine of healing harmonization. It can help us cultivate the deeper harmonics of our being-- compassion, sensitive intelligence, good will and accompaniment in service to others. In facing this life's incredible challenges, we can find more humility, courage, and understanding. We can learn to recognize four great possibilities present in almost every moment of life: listening, attunement, harmonization, and accompaniment. We can be become better and better "first responders" in the present moment.

We work to get to the heart of the matter, using deep listening and the joys of resonance to find the music of the spheres in our own hearts,

minds, and bodies. In becoming quiet and vibrant enough, we can better attune to the reality of "what is" at every level, from the "music of the spheres" to this very life on Earth. By intensive practice of Harmonic Chant and by dedicated meditative practice, we can advance toward the goal of awakened awareness, truer listening and silence, and truer harmony in our actual lives. As if by magic, we can find the joy and harmony of the open heart and the mind's new awakenings. Through finer and finer octaves of awareness and resonance, we can find ever-deeper levels of unity, inside and out.

This coming September 3-8, a Harmonic Presence seminar-retreat will take place in the beautiful Palazzo Donati, located in the village of

Mercatello sul Metauro, in the Puglia region of Italy, near the Adriatic Sea. The retreat is open to participants of any level of experience in musical, spiritual or contemplative practices, traditions, yoga, or the healing arts. We'll explore and practice how the Harmonic Presence work can be a true support in our spiritual, artistic and healing endeavors for the benefit of all beings!





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Harmonic Presence/Presenza Armonica
bi-lingual retreat-seminar, English and Italian.

Arrival date: September 3.

Retreat Seminar: September 4-7.

Departure date: September 8

Early Bird price: 1000 euros.

After June 1: 1400 euros.

Includes accommodations, meals, retreat-
seminar fee, guided tour of the area, and closing
evening concert and Harmonic Meeting in the
beautiful roman church of San Francesco.

Travel information:

Nearest airport: Florence (or Bologna)

Nearest train station: Pesaro (on the Adriatic
coast); Arezzo.

We will be happy to help answer any questions,
including about travel arrangements.

